



Food & Nutrition Services

## DECEMBER 2022 U-46 MIDDLE & HIGH SCHOOL SUPPER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28  PEANUT BUTTER AND JELLY SANDWICH  MILK - JUICE - FRUIT	29  TURKEY AND CHEESE ON A DIAMOND JIM ROLL  MILK - JUICE - FRUIT	30  TORTILLA CHIPS WITH A CHEESE STICK AND A CHEESE CUP  MILK - JUICE - FRUIT	1  ITALIAN SUB ON FRENCH BREAD BUN  MILK - JUICE - FRUIT	2  NO SCHOOL
5  HAM AND CHEESE ON A DIAMOND JIM ROLL  MILK - JUICE - FRUIT	6  CHICKEN AND RANCH WRAP  MILK - JUICE - FRUIT	7  PEANUT BUTTER AND JELLY SANDWICH WITH A CHEESE STICK  MILK - JUICE - FRUIT	8  ITALIAN SUB ON FRENCH BREAD BUN  MILK - JUICE - FRUIT	9  NO SCHOOL
12  HAM AND CHEESE ON A DIAMOND JIM ROLL  MILK - JUICE - FRUIT	13  PEANUT BUTTER AND JELLY SANDWICH WITH A CHEESE STICK  MILK - JUICE - FRUIT	14  TURKEY BACON LETTUCE & TOMATO WRAP  MILK - JUICE - FRUIT	15  TORTILLA CHIPS WITH CHEESE CUP AND CHEESE STICK  MILK - JUICE - FRUIT	16  NO SCHOOL
19  CHICKEN AND RANCH WRAP  MILK - JUICE - FRUIT	20  PEANUT BUTTER AND JELLY SANDWICH WITH A CHEESE STICK  MILK - JUICE - FRUIT	21  HAME AND CHEESE ON A DIAMOND JIM ROLL  MILK - JUICE - FRUIT	22  TORTILLA CHIPS WITH CHEESE CUP AND CHEESE STICK  MILK - JUICE - FRUIT	23   NO SCHOOL

- Chicken Sandwiches
- House Made Pizzas
- Bosco Sticks w/Marinara
- Hamburgers
- Corn Dogs
- Chicken Tenders

**Check your school's menu board for specifics.**

**Choice of fruit, vegetables, and milk offered with all entree options.**

You need to take a FULL serving of fruit and/or vegetables to make your meal complete.

**MENU SUBJECT TO CHANGE**

Find Allergen and Carbohydrate information at:  
<https://www.u-46.org/Page/9190>  
**Menu Questions?**  
 Contact Christine Cliff, U-46.org or (847)888-5000 x5034

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